

SURGICAL PRE-OPERATIVE INSTRUCTIONS

from the office of

BARRY J. GELBER, D.D.S.

- Please eat a light meal prior to your appointment since novocaine wears off 2 to 3 hours after the appointment.
- Ice is recommended immediately after procedure – you may want to have ice packs prepared at home.
- You will need to avoid smoking for the first 24 hours, as well as no strenuous activity for 3 days.
- Medications are not usually called in to your pharmacy prior to appointment. Extra Strength Tylenol or Motrin are typically sufficient for discomfort, although stronger medications may be prescribed if necessary.
- If Dr. Gelber recommends you take an oral sedative, you will need to make arrangements to be driven to and from our office, otherwise you should be fine to drive yourself.
- Blood thinning medications should be stopped prior to surgical appointment as recommended by your physician.
- There is a charge of 10% of the total fee for all surgical appointments cancelled less than 48 hours before scheduled time, no exceptions. **Weekends & Holidays do not count.** This time is reserved for you, please make any necessary arrangements to keep your appointment.

Your surgical appointment is: _____